



PULMONARY REHAB CLINIC

FREE COPD Exercise and Support Group



**Breathe Well is a
PULMONARY REHAB
program offered in
Chatham , ON.**

**JOIN US today by
talking to your
Healthcare Provider
or call:
519-397-5455
ext. 131**

**Pulmonary Rehabilitation is highly advised by the
Lung Association and the medical community,
to help improve COPD symptoms and
restore strength.**

Learn well... Live well... Breathe Well!



EVERY ONE MATTERS

Chatham-Kent Community Health Centres



Thamesview
FAMILY HEALTH TEAM



Ontario
Erie St. Clair Local Health
Integration Network
Réseau local d'intégration
des services de santé
d'Erie St. Clair